



What's New In Medicine 2023

**Infectious Diseases
Internal Medicine and
Pediatrics**

**September 8th and 9th,
2023**

**Three Rivers Convention Center
7016 W Grandridge Blvd
Kennewick, WA 99336
www.whatsnewinmedicine.org
wnim2023@gmail.com**

**24 AMA PRA Category 1 Credits
24 Nursing Contact Hours
24 ACPE Pharmacy Credits**

WNIM 2023

What's New in Medicine
is in partnership with:



WASHINGTON STATE UNIVERSITY
Elson S. Floyd
College of Medicine



Virginia Mason
Franciscan Health™



Seattle Children's
HOSPITAL • RESEARCH • FOUNDATION

Accreditation

24 AMA Category 1 Credits

The AAFP has reviewed What's New In Medicine and deemed it acceptable for up to 16.00 Live AAFP Prescribed credits. Term of Approval is from 09/08/2023 to 09/09/2023. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

24 ACPE credits pending

24 Nursing contact hours for the Washington State Nursing Commission

ANCC accepts these credits as equivalent credits

2 Day attendance

Will receive up to 16 AMA Category 1 Credits for in person/streamed with the option to receive an additional 8 AMA Category 1 Credits for recording. Or all 24 AMA category 1 credits as a recording

1 Day attendance

Will receive up to 8 AMA Category 1 Credits for in person/streamed with the option to receive an additional 8 AMA Category 1 Credits for recording. Or 16 AMA category 1 credits as a recording

This live activity has been planned and implemented in accordance with the accreditation requirements and policies of the Colorado State Medical Society through the joint providership of Gritman Medical Center and RussoCME. Gritman Medical Center is accredited by the Colorado State Medical Society to provide continuing medical education for physicians. This educational activity is designated for a maximum of 24 hours of AMA PRA Category 1 Credit(s).

General Information

Registration

Online: Credit Card Only, whatsnewinmedicine.org

By mail: CHECK ONLY, payable to

What's New in Medicine
c/o Marlene Chua
176 Kentwood Court
Richland, WA 99352

For questions, more information, or online registration:

Contact: wnim2023@gmail.com

Or visit: whatsnewinmedicine.org

Cancellation Policy:

Cancellations must be submitted in writing and mailed to:

Marlene Chua, 176 Kentwood Court Richland, WA 99352
no later than August 9, 2023 for a full refund minus a processing fee of \$50.00. No refunds will be given if canceled after August 9, 2023, however, you may have someone else attend the conference in your place by submitting the request in writing.

Accommodations:

Hotel accommodations are not part of the cost of registration. However, you can avail of a discounted rate by contacting:

SpringHill Suites by Marriott

7048 W. Grandridge Blvd

Kennewick, WA 99336

Tel. 509-820-3026

www.marriott.com/kwcsh

7:00am-8:00am**8:00am-9:00am****9:00am-10:00am****10:00am-10:20am****10:20am-11:20am****11:20am-12:20pm****12:20pm-1:20pm****Registration and Exhibits****Antibiotic Stewardship and Treatment of Common Infections?**

Dr James Lewis

- ♦ Understand the concept and goals of antibiotic stewardship—in hospitals and in the community.
- ♦ Discuss current approach to the treatments of common skin and soft tissue, urinary tract, and respiratory tract infections in the light of antibiotic stewardship.

Practical Infection Control

Dr Christopher Baliga

- ♦ To review the basic principles and concepts of infection prevention and control.
- ♦ Apply of infection prevention and control measures in the hospital setting.
- ♦ Apply infection control measures in the outpatient setting and implement public health recommendations.

Break & Exhibitors**Travel Medicine in the Age of COVID**

Dr Shingo Chihara

- ♦ Become familiar with the health risks of travelers according to mode of travel, destination, time away from home, and underlying health of the traveler.
- ♦ Implement a risk assessment questionnaire to identify if travel limitations are prudent for the proposed itinerary.
- ♦ Develop recommendations for traveler's pre-trip planning and preparations.
- ♦ Identify resources for country-specific requirements with regard to COVID testing, how to access COVID testing and treatment in the U.S. and abroad, how to obtain appropriate medical treatment for serious illness while away from home.
- ♦ Consider special needs of child travelers.
- ♦ Identify health insurance needs for international travel, and coverage for emergency medical evacuation.

Rational Antibiotic Use

Dr Shireesha Dhanireddy

- ♦ Identify the different classes of antibiotics commonly used in clinical practice
- ♦ Become familiar with new and developing antibiotics and with new IDSA guidelines for ESBL-E (Extended Broad Spectrum Beta-Lactamase - Enterobacteriaceae), CRE (Carbapenem Resistant Enterobacteriaceae) and DTR-pseudomonas (Difficult-to-Treat Resistance Paeruginosa)
- ♦ New and developing antibiotics and antibiotic myths.

Lunch & Exhibitors

*8 AMA Category 1 Credits***1:20pm-2:20pm****Current Status of Vaccine-Preventable Diseases—
Re-emergence of Common “Childhood Diseases”**

Dr Shireesha Dhanireddy

- ♦ Identify issues leading to lower rates of uptake of the ACIP/AAP/AAFP recommended vaccines of childhood
- ♦ Review recent epidemiology of measles, mumps, rubella, chickenpox, and polio
- ♦ Review the current epidemiology of hepatitis A and hepatitis B
- ♦ Discuss priorities, resources and strategies for catch-up administration of recommended childhood vaccines
- ♦ Review vaccine recommendations and requirements for college-aged students and other targeted populations

2:20pm-3:20pm**Practical Wound care**

Dr Jessica Pierce

- ♦ Review the principles and concepts of wound healing.
- ♦ Rational use of different modalities to treat common wounds in the outpatient and inpatient settings.

3:20pm-3:40pm**Break & Exhibitors****3:40pm-4:40pm****Sexually Transmitted Infections and HIV**

Dr Raaka Kumbhakar

- ♦ Know the epidemiology, diagnosis, treatment and prevention of common STIs such as Herpes simplex, Gonorrhea, Chlamydia, HPV Syphilis, and MPV
- ♦ Know the current epidemiology, and the recommendations for diagnosis, treatment and prevention of HIV.
- ♦ Congenital syphilis and correct treatment of pregnant women with syphilis.

4:40pm-5:40pm**Common Infectious Diseases Among Immigrant
Populations Including latent TB**

Dr Scott W Lindquist

- ♦ Become aware of current data on infectious diseases among immigrant populations
- ♦ Become aware of current data on infectious diseases among immigrant populations
- ♦ Review updated CDC/APA guidelines for TB testing, interpretation, treatment, and follow-up screening
- ♦ Update on diagnosis and treatment of common parasitic diseases among immigrant populations.

End of Day 1

Infectious Disease Faculty

Dr Christopher Baliga

Director, Infection Prevention
and Control
Virginia Mason Franciscan Health, Seattle, WA

Dr James S. Lewis II, PharmD, FIDSA

Infectious Diseases Pharmacy
Supervisor
Co-Director Antibiotic Stewardship
Dept. of Pharmacy and Therapeutics
OHSU, Portland, OR

Dr Shingo Chihara

Departments of:
Travel Health, HIV/AIDS Clinic,
Infectious Diseases
Virginia Mason Franciscan Health, Seattle, WA

Dr Scott Lindquist

State epidemiologist for Communicable
Diseases
Washington State Department of Health,
Tumwater, WA

Dr Shireesha Dhanireddy

Director, Infectious Diseases and Travel
Clinic
Director, Madison Clinic
Harborview Medical Center
Professor of Medicine,
Division of Infectious Diseases
University of Washington, Seattle, WA

Dr Jessica Pierce

Department of:
Wound & Burn Care
Virginia Mason Franciscan Health, Seattle, WA

Dr Raaka Kumbhakar

Clinical Assistant Professor,
Division of Medicine,
Division of Allergy and Infectious Disease
University of Washington, Seattle, WA

8 AMA Category 1 Credits

Registration and Exhibits

Movement Disorders

Dr Sindhu Srivatsal

- ♦ Review common movement disorders, typical presentations to raise awareness of early diagnosis
- ♦ Emphasize practical management in the primary care setting, knowing when to refer to neurology
- ♦ Update the new treatments and management on movement disorders

Women's Health

Dr Allison Barrie

Dr Amy Brockmeyer

- ♦ Hormone treatment in menopausal women regarding bone health and its risk for malignancy
- ♦ New update and guidelines on cervical cancer screening
- ♦ GYN malignancy awareness, when to refer to specialists

Break & Exhibitors

Rheumatology Update

Dr Erin Bauer

- ♦ New treatment strategies in rheumatology: stem cell transplantation, CAR-T cell therapy, etc.
- ♦ Recommended work ups in primary care before referring to rheumatologist
- ♦ New autoimmune diseases that have been recognized

Update on cardiac arrhythmias

Dr Jad Swingle

- ♦ Update on cardiac arrhythmias, role of EP studies and treatment
- ♦ A-fib rhythm control updates
- ♦ Anticoagulant and antiplatelet management: duration and follow up with primary care or specialist

Lunch & Exhibitors

7:00am-8:00am

8:00am-9:00am

9:00am-10:00am

10:00am-10:20am

10:20am-11:20am

11:20am-12:20pm

20pm-1:20pm

8 AMA Category 1 Credits

1:20pm-2:20pm

Endocrine Update

Dr Jonathan Stoeher,

- ♦ Thyroid disease work up in primary care, know when to refer
- ♦ Testosterone treatment, growth hormone treatment in outpatient setting
- ♦ DM management updates

2:20pm-3:20pm

Asthma 2023: Simplifying new complexities in treatment.

Dr Catherine Miele

- ♦ Biologics for asthma, what primary care needs to know about these medications
- ♦ How to care for patients who are on these drugs in primary care? Any changes of their preventive care including vaccination schedule, and annual labs
- ♦ Post viral hypersensitivity airway syndrome management

3:20pm-3:40pm

Break & Exhibitors

3:40pm-4:40pm

Hematology Update

Dr David Dale

- ♦ Anemia work Up-beyond the basics, when to be concerned of hematologic malignancy
- ♦ Review the early signs and symptoms of hematologic malignancy
- ♦ Discuss on the management of patient with active hematological cancer treatment in primary care setting

4:40pm-5:40pm

Behavioral Health

Dr Farukh Hashmi

- ♦ Medication Update for Depression, Anxiety and Bipolar Disorder
- ♦ Updates for new treatments for refractory or challenging conditions.
- ♦ Drug-drug interactions of psychiatry medication with other common medications

End of Day 2

Internal Medicine Faculty

Dr Allison Barrie

Department:
Gynecologic Oncology
Virginia Mason Franciscan Health, Seattle, WA

Dr Erin Bauer

Department:
Rheumatology
Virginia Mason Franciscan Health, Seattle, WA

Dr Amy Brockmeyer

Department:
Gynecologic Oncology
Virginia Mason Franciscan Health, Seattle, WA

Dr David Dale, FACP

Department:
Internal Medicine
Former Dean of
UW School of Medicine
Past President of the ACP
University of Washington, Seattle, WA

Dr Farukh Hashmi

Psychiatry, Lourdes Medical Center
Reliance Medical Clinics
Richland, WA

Dr Catherine Miele

Department: Pulmonary
Disease Medicine, Hyperbaric Medicine
Virginia Mason Franciscan Health, Seattle, WA

Dr Sindhu Srivatsal

Section Head, Department of Neurology
Virginia Mason Medical Center
Virginia Mason Franciscan Health Center for
Neuroscience and Spine, Seattle, WA

Dr Jonathan Stoehr

Director, Nutrition Center of Excellence,
Digestive Disease Institute
Staff Physician, Division of
Endocrinology, Diabetes, and
Metabolism
Virginia Mason Franciscan Health, Seattle, WA

Dr Jad Swingle

Department:
Cardiac Electrophysiology
Virginia Mason Franciscan Health, Seattle, WA

8 AMA Category 1 Credits

Registration and Exhibits

Suicide Prevention for Youth and Families in Healthcare Settings

Dr Sarah Danzo

- ♦ Review current state of youth suicide
- ♦ Increase familiarity with the philosophy of least restrictive care
- ♦ Describe the role of different healthcare settings and providers to prevent suicide
- ♦ Identify gaps and solutions for suicide prevention in healthcare settings

Caring for Gender Diverse Youth

Dr Juanita Hodax

- ♦ Recognize the health disparities faced by gender diverse youth and resources for support
- ♦ Discuss the importance of an affirming clinical environment in your daily practice
- ♦ Identify ways to support gender diverse youth in the primary care settings
- ♦ Review services offered at Seattle Children's Gender Clinic and provider resources

Break & Exhibitors

Interdisciplinary Management of Children with Complex Airway & Esophageal Conditions

Dr Jake Dahl

- ♦ Describe the most common congenital airway and esophageal conditions.
- ♦ Understand the importance of a multidisciplinary approach to the caring for patients with complex airway and esophageal conditions.
- ♦ Review surgical interventions for neonates with complex airway and esophageal conditions.
- ♦ Discuss the post-acute and long-term care needs for neonates who undergo surgical repair of complex airway and esophageal conditions.

Clinical Trials in Pediatric Neurosurgery

Dr Jason Hauptman

- ♦ To highlight the various clinical research programs in neurosurgery at Seattle Childrens
- ♦ To discuss the hydrocephalus clinical registry and program
- ♦ To discuss the ongoing research in pediatric epilepsy

Lunch & Exhibitors

7:00am-8:00am

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10:00am-10:20am

10:20am-11:20am

11:20am-12:20pm

12:20pm-1:20pm

8 AMA Category 1 Credits

1:20pm-2:20pm

Vaccine Hesitancy in Pediatrics

Dr Mersine Bryan

- ♦ Review the current state of vaccine hesitancy in pediatrics
- ♦ Discuss common concerns for vaccine hesitant parents and families
- ♦ Increase familiarity with effective communication strategies to increase vaccine acceptance

2:20pm-3:20pm

Fertility Care and Preservation for Patients Receiving Fertility Altering Interventions

Dr Tyler Ketterl

- ♦ Review ovarian anatomy/oogenesis and testicular anatomy/spermatogenesis
- ♦ Review tools to help quantify risk of gonadal failure and infertility
- ♦ Understand female fertility preservation options before and after cancer directed therapy
- ♦ Understand male fertility preservation options before and after cancer directed therapies

3:20pm-3:40pm

Break & Exhibitors

3:40pm-4:40pm

Pediatric Sudden Cardiac Death

Dr Salaam Sallaam

- ♦ Review the epidemiology of Pediatric Sudden Cardiac Death
- ♦ Discuss sports preparticipation evaluation
- ♦ Know the cardiac disorders predisposing to pediatric SCD

4:40pm-5:40pm

Top Urology Concerns Facing the PCP

Dr Kathleen Kieran

- ♦ Identify anatomic considerations in neonatal circumcision and revision
- ♦ Describe the initial steps in the urologic management of a newborn with prenatal hydronephrosis
- ♦ Describe the management of retractile testicles
- ♦ Identify “red flag” signs in the evaluation of genital pain

End of Day 2

Pediatric Faculty

Dr Mersine Bryan

Department: Pediatrics
Assistant Professor of Pediatrics, Division of
Hospital Medicine and General Pediatrics
University of Washington School of Medicine
Seattle, WA

Dr Jake Dahl

Department: Pediatric
Otolaryngology
Associate Professor in the Department of
Otolaryngology-Head and Neck Surgery
at the University of Washington
Seattle Children's, Seattle, WA

Dr Sarah Danzo

Department: Psychiatry and
Behavioral Sciences
Acting Assistant Professor at
University of Washington
Clinical Psychologist at
Seattle Children's Hospital, Seattle, WA

Dr Jason Scott Hauptman

Department: Neurosurgery
Associate professor of neurological
surgery. Staff neurosurgeon at both
Seattle Children's Hospital and
Harborview Medical Center, Seattle, WA

Dr Juanita Hodax

Department: Pediatric
Endocrinology
Assistant Professor
Co-Director, Gender Clinic
Seattle Children's, Seattle, WA

Dr Kathleen Kieran

Department: Pediatric Urology
Professor of Urology
Vice Chair of Urology for
Diversity, Inclusion and Equity
Fellowship Director, Pediatric Urology
Faculty, Olympic College, University of Washington
Seattle Children's Tri-Cities Clinic,
Kennewick, WA

Dr Tyler G. Ketterl

Director, Department: Adolescent and Young Adult
Oncology, Cancer and Blood Disorders Center
Director, Department: Fertility Care and Preservation
Program, Cancer and Blood Disorders Center
Assistant Professor, Pediatric Hematology-Oncology
Seattle Children's, Seattle, WA

Dr Salaam Sallaam

Department: Pediatric Cardiology,
Assistant Professor
Seattle Children's Tri-Cities Clinic, Kennewick, WA

Conference Overall Objectives:

To provide the tools that enable our providers to manage the care of patients who need Infectious Diseases, Internal Medicine, or Pediatrics treatment for better patient outcomes.

Registration

Online: whatsnewinmedicine.org
Or Mail in attached form.

Please Print Clearly: 1 form per person

Registration includes Lunch. No breakfast but coffee (no tea) and water will be provided during breaks.

Name _____
Address _____
City/state/zip _____
Email _____
Cell phone _____

Please indicate what format you plan to attend

☐ In Person ☐ Livestream ☐ Recorded

01 MD, DO, PA, NP, Pharmacist, Other Healthcare professional _____ (Circle one)

Registration postmarked on or before August 4, 2023

☐ 2 Days: \$235 ☐ 1 Day: \$150 ☐ Friday ☐ Saturday
Registration after August 4, 2023

☐ 2 Days: \$300 ☐ 1 Day: \$170 ☐ Friday ☐ Saturday

02 Nurse, Medical Assistant, LPN, Technician, Other _____ (Circle one)

Registration postmarked on or before August 4, 2023

☐ 2 Days: \$155 ☐ 1 Day: \$95 ☐ Friday ☐ Saturday
Registration after August 4, 2023

☐ 2 Days: \$200 ☐ 1 Day: \$125 ☐ Friday ☐ Saturday

03 Student/Resident in training

Must have a letter from your Medical/Nursing school
and not currently working

☐ \$100

Mail To:

What's New in Medicine
c/o Marlene Chua
176 Kentwood Court
Richland, WA 99352

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Office use Only

Received: \$ _____ Check # _____
Registration Number _____ ☐ cash



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whatsnewinmedicine.org

By mail:

CHECK ONLY, payable to
Whats' New in Medicine c/o Marlene Chua
176 Kentwood Court Richland, WA 99352

Questions:

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or Visit: whatsnewinmedicine.org