



# **What's New In Medicine 2023**

**Infectious Diseases  
Internal Medicine and  
Pediatrics**

**September 8<sup>th</sup> and 9<sup>th</sup>,  
2023**

**Three Rivers Convention Center  
7016 W Grandridge Blvd  
Kennewick, WA 99336  
[www.whatsnewinmedicine.org](http://www.whatsnewinmedicine.org)  
[wnim2023@gmail.com](mailto:wnim2023@gmail.com)**

**24 AMA PRA Category 1 Credits  
24 Nursing Contact Hours  
24 ACPE Pharmacy Credits**

# WNIM 2023

What's New in Medicine  
is In partnership with:



# Accreditation

## 24 AMA Category 1 Credits

The AAFP has reviewed What's New In Medicine and deemed it acceptable for up to 16.00 Live AAFP Prescribed credits. Term of Approval is from 09/08/2023 to 09/09/2023. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

24 ACPE credits pending

24 Nursing contact hours for the Washington State Nursing Commission

ANCC accepts these credits as equivalent credits

## 2 Day attendance

Will receive up to 16 AMA Category 1 Credits for in person/streamed with the option to receive an additional 8 AMA Category 1 Credits for recording. Or all 24 AMA category 1 credits as a recording

## 1 Day attendance

Will receive up to 8 AMA Category 1 Credits for in person/streamed with the option to receive an additional 8 AMA Category 1 Credits for recording. Or 16 AMA category 1 credits as a recording

This live activity has been planned and implemented in accordance with the accreditation requirements and policies of the Colorado State Medical Society through the joint providership of Gritman Medical Center and RussoCME. Gritman Medical Center is accredited by the Colorado State Medical Society to provide continuing medical education for physicians. This educational activity is designated for a maximum of 24 hours of AMA PRA Category 1 Credit(s).

# General Information

## Registration

**Online: Credit Card Only, [whatsnewinmedicine.org](https://whatsnewinmedicine.org)**

**By mail: CHECK ONLY, payable to**

What's New in Medicine  
c/o Marlene Chua  
176 Kentwood Court  
Richland, WA 99352

**For questions, more information, or online registration:**

**Contact:** [wnim2023@gmail.com](mailto:wnim2023@gmail.com)

**Or visit:** [whatsnewinmedicine.org](https://whatsnewinmedicine.org)

## Cancellation Policy:

Cancellations must be submitted in writing and mailed to:

Marlene Chua, 176 Kentwood Court Richland, WA 99352  
no later than August 9, 2023 for a full refund minus a processing fee of \$50.00. No refunds will be given if canceled after August 9, 2023, however, you may have someone else attend the conference in your place by submitting the request in writing.

## Accommodations:

Hotel accommodations are not part of the cost of registration. However, you can avail of a discounted rate by contacting:

### SpringHill Suites by Marriott

7048 W. Grandridge Blvd

Kennewick, WA 99336

Tel. 509-820-3026

[www.marriott.com/kwchsh](https://www.marriott.com/kwchsh)

**7:00am-8:00am****8:00am-9:00am****9:00am-10:00am****10:00am-10:20am****10:20am-11:20am****11:20am-12:20pm****12:20pm-1:20pm****Registration and Exhibits****Antibiotic Stewardship and Treatment of Common Infections?**

Dr James Lewis

- ♦ Understand the concept and goals of antibiotic stewardship—in hospitals and in the community.
- ♦ Discuss current approach to the treatments of common skin and soft tissue, urinary tract, and respiratory tract infections in the light of antibiotic stewardship.

**Practical Infection Control**

Dr Christopher Baliga

- ♦ To review the basic principles and concepts of infection prevention and control.
- ♦ Apply of infection prevention and control measures in the hospital setting.
- ♦ Apply infection control measures in the outpatient setting and implement public health recommendations.

**Break & Exhibitors****Travel Medicine in the Age of COVID**

Dr Shingo Chihara

- ♦ Become familiar with the health risks of travelers according to mode of travel, destination, time away from home, and underlying health of the traveler.
- ♦ Implement a risk assessment questionnaire to identify if travel limitations are prudent for the proposed itinerary.
- ♦ Develop recommendations for traveler's pre-trip planning and preparations.
- ♦ Identify resources for country-specific requirements with regard to COVID testing, how to access COVID testing and treatment in the U.S. and abroad, how to obtain appropriate medical treatment for serious illness while away from home.
- ♦ Consider special needs of child travelers.
- ♦ Identify health insurance needs for international travel, and coverage for emergency medical evacuation.

**Rational Antibiotic Use**

Dr Shireesha Dhanireddy

- ♦ Identify the different classes of antibiotics commonly used in clinical practice
- ♦ Become familiar with new and developing antibiotics and with new IDSA guidelines for ESBL-E (Extended Broad Spectrum Beta-Lactamase - Enterobacteriaceae), CRE (Carbapenem Resistant Enterobacteriaceae) and DTR-pseudomonas (Difficult-to-Treat Resistance Paeruginosa)
- ♦ New and developing antibiotics and antibiotic myths.

**Lunch & Exhibitors**

*8 AMA Category 1 Credits***1:20pm-2:20pm****Current Status of Vaccine-Preventable Diseases—  
Re-emergence of Common “Childhood Diseases”**

Dr Shireesha Dhanireddy

- ♦ Identify issues leading to lower rates of uptake of the ACIP/AAP/AAFP recommended vaccines of childhood
- ♦ Review recent epidemiology of measles, mumps, rubella, chickenpox, and polio
- ♦ Review the current epidemiology of hepatitis A and hepatitis B
- ♦ Discuss priorities, resources and strategies for catch-up administration of recommended childhood vaccines
- ♦ Review vaccine recommendations and requirements for college-aged students and other targeted populations

**2:20pm-3:20pm****Practical Wound care**

Dr Jessica Pierce

- ♦ Review the principles and concepts of wound healing.
- ♦ Rational use of different modalities to treat common wounds in the outpatient and inpatient settings.

**3:20pm-3:40pm****Break & Exhibitors****3:40pm-4:40pm****Sexually Transmitted Infections and HIV**

Dr Raaka Kumbhakar

- ♦ Know the epidemiology, diagnosis, treatment and prevention of common STIs such as Herpes simplex, Gonorrhea, Chlamydia, HPV Syphilis, and MPV
- ♦ Know the current epidemiology, and the recommendations for diagnosis, treatment and prevention of HIV.
- ♦ Congenital syphilis and correct treatment of pregnant women with syphilis.

**4:40pm-5:40pm****Common Infectious Diseases Among Immigrant  
Populations Including latent TB**

Dr Scott W Lindquist

- ♦ Become aware of current data on infectious diseases among immigrant populations
- ♦ Become aware of current data on infectious diseases among immigrant populations
- ♦ Review updated CDC/APA guidelines for TB testing, interpretation, treatment, and follow-up screening
- ♦ Update on diagnosis and treatment of common parasitic diseases among immigrant populations.

**End of Day 1**

# Infectious Disease Faculty

**Dr Christopher Baliga**

Director, Infection Prevention  
and Control  
Virginia Mason Franciscan Health, Seattle, WA

**Dr James S. Lewis II, PharmD, FIDSA**

Infectious Diseases Pharmacy  
Supervisor  
Co-Director Antibiotic Stewardship  
Dept. of Pharmacy and Therapeutics  
OHSU, Portland, OR

**Dr Shingo Chihara**

Departments of:  
Travel Health, HIV/AIDS Clinic,  
Infectious Diseases  
Virginia Mason Franciscan Health, Seattle, WA

**Dr Scott Lindquist**

State epidemiologist for Communicable  
Diseases  
Washington State Department of Health,  
Tumwater, WA

**Dr Shireesha Dhanireddy**

Director, Infectious Diseases and Travel  
Clinic  
Director, Madison Clinic  
Harborview Medical Center  
Professor of Medicine,  
Division of Infectious Diseases  
University of Washington, Seattle, WA

**Dr Jessica Pierce**

Department of:  
Wound & Burn Care  
Virginia Mason Franciscan Health, Seattle, WA

**Dr Raaka Kumbhakar**

Clinical Assistant Professor,  
Division of Medicine,  
Division of Allergy and Infectious Disease  
University of Washington, Seattle, WA

*8 AMA Category 1 Credits*

### Registration and Exhibits

#### Movement Disorders

Dr Sindhu Srivatsal

- ♦ Review common movement disorders, typical presentations to raise awareness of early diagnosis
- ♦ Emphasize practical management in the primary care setting, knowing when to refer to neurology
- ♦ Update the new treatments and management on movement disorders

#### Women's Health

Dr Allison Barrie

- ♦ Hormone treatment in menopausal women regarding bone health and its risk for malignancy
- ♦ New update and guidelines on cervical cancer screening
- ♦ GYN malignancy awareness, when to refer to specialists

### Break & Exhibitors

#### Rheumatology Update

Dr Erin Bauer

- ♦ New treatment strategies in rheumatology: stem cell transplantation, CAR-T cell therapy, etc.
- ♦ Recommended work ups in primary care before referring to rheumatologist
- ♦ New autoimmune diseases that have been recognized

#### Update on cardiac arrhythmias

Dr Jad Swingle

- ♦ Update on cardiac arrhythmias, role of EP studies and treatment
- ♦ A-fib rhythm control updates
- ♦ Anticoagulant and antiplatelet management: duration and follow up with primary care or specialist

### Lunch & Exhibitors

7:00am-8:00am

8:00am-9:00am

9:00am-10:00am

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10:20am-11:20am

11:20am-12:20pm

20pm-1:20pm

*8 AMA Category 1 Credits*

**1:20pm-2:20pm**

### **Endocrine Update**

Dr Jonathan Stoeher,

- ♦ Thyroid disease work up in primary care, know when to refer
- ♦ Testosterone treatment, growth hormone treatment in outpatient setting
- ♦ DM management updates

**2:20pm-3:20pm**

### **Asthma 2023: Simplifying new complexities in treatment.**

Dr Catherine Miele

- ♦ Biologics for asthma, what primary care needs to know about these medications
- ♦ How to care for patients who are on these drugs in primary care? Any changes of their preventive care including vaccination schedule, and annual labs
- ♦ Post viral hypersensitivity airway syndrome management

**3:20pm-3:40pm**

### **Break & Exhibitors**

**3:40pm-4:40pm**

### **Hematology Update**

Dr David Dale

- ♦ Anemia work Up-beyond the basics, when to be concerned of hematologic malignancy
- ♦ Review the early signs and symptoms of hematologic malignancy
- ♦ Discuss on the management of patient with active hematological cancer treatment in primary care setting

**4:40pm-5:40pm**

### **Behavioral Health**

Dr Farukh Hashmi

- ♦ Medication Update for Depression, Anxiety and Bipolar Disorder
- ♦ Updates for new treatments for refractory or challenging conditions.
- ♦ Drug-drug interactions of psychiatry medication with other common medications

# End of Day 2



# Internal Medicine Faculty

**Dr Allison Barrie**

Department:  
Gynecologic Oncology  
Virginia Mason Franciscan Health, Seattle, WA

**Dr Erin Bauer**

Department:  
Rheumatology  
Virginia Mason Franciscan Health, Seattle, WA

**Dr David Dale, FACP**

Department:  
Internal Medicine  
Former Dean of  
UW School of Medicine  
Past President of the ACP  
University of Washington, Seattle, WA

**Dr Farukh Hashmi**

Psychiatry, Lourdes Medical Center  
Reliance Medical Clinics  
Richland, WA

**Dr Catherine Miele**

Department: Pulmonary  
Disease Medicine, Hyperbaric Medicine  
Virginia Mason Franciscan Health, Seattle, WA

**Dr Sindhu Srivatsal**

Section Head, Department of Neurology  
Virginia Mason Medical Center  
Virginia Mason Franciscan Health Center for  
Neuroscience and Spine, Seattle, WA

**Dr Jonathan Stoehr**

Director, Nutrition Center of Excellence,  
Digestive Disease Institute  
Staff Physician, Division of  
Endocrinology, Diabetes, and  
Metabolism  
Virginia Mason Franciscan Health, Seattle, WA

**Dr Jad Swingle**

Department:  
Cardiac Electrophysiology  
Virginia Mason Franciscan Health, Seattle, WA



*8 AMA Category 1 Credits*

### Registration and Exhibits

#### **Suicide Prevention for Youth and Families in Healthcare Settings**

Dr Sarah Danzo

- ♦ Review current state of youth suicide
- ♦ Increase familiarity with the philosophy of least restrictive care
- ♦ Describe the role of different healthcare settings and providers to prevent suicide
- ♦ Identify gaps and solutions for suicide prevention in healthcare settings

#### **Caring for Gender Diverse Youth**

Dr Juanita Hodax

- ♦ Recognize the health disparities faced by gender diverse youth and resources for support
- ♦ Discuss the importance of an affirming clinical environment in your daily practice
- ♦ Identify ways to support gender diverse youth in the primary care settings
- ♦ Review services offered at Seattle Children's Gender Clinic and provider resources

### Break & Exhibitors

#### **Interdisciplinary Management of Children with Complex Airway & Esophageal Conditions**

Dr Jake Dahl

- ♦ Describe the most common congenital airway and esophageal conditions.
- ♦ Understand the importance of a multidisciplinary approach to the caring for patients with complex airway and esophageal conditions.
- ♦ Review surgical interventions for neonates with complex airway and esophageal conditions.
- ♦ Discuss the post-acute and long-term care needs for neonates who undergo surgical repair of complex airway and esophageal conditions.

#### **Clinical Trials in Pediatric Neurosurgery**

Dr Jason Hauptman

- ♦ To highlight the various clinical research programs in neurosurgery at Seattle Childrens
- ♦ To discuss the hydrocephalus clinical registry and program
- ♦ To discuss the ongoing research in pediatric epilepsy

### Lunch & Exhibitors

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11:20am-12:20pm

12:20pm-1:20pm

*8 AMA Category 1 Credits*

**1:20pm-2:20pm**

### **Vaccine Hesitancy in Pediatrics**

Dr Mersine Bryan

- ♦ Review the current state of vaccine hesitancy in pediatrics
- ♦ Discuss common concerns for vaccine hesitant parents and families
- ♦ Increase familiarity with effective communication strategies to increase vaccine acceptance

**2:20pm-3:20pm**

### **Fertility Care and Preservation for Patients Receiving Fertility Altering Interventions**

Dr Tyler Ketterl

- ♦ Review ovarian anatomy/oogenesis and testicular anatomy/spermatogenesis
- ♦ Review tools to help quantify risk of gonadal failure and infertility
- ♦ Understand female fertility preservation options before and after cancer directed therapy
- ♦ Understand male fertility preservation options before and after cancer directed therapies

**3:20pm-3:40pm**

### **Break & Exhibitors**

**3:40pm-4:40pm**

### **Pediatric Sudden Cardiac Death**

Dr Salaam Sallaam

- ♦ Review the epidemiology of Pediatric Sudden Cardiac Death
- ♦ Discuss sports preparticipation evaluation
- ♦ Know the cardiac disorders predisposing to pediatric SCD

**4:40pm-5:40pm**

### **Top Urology Concerns Facing the PCP**

Dr Kathleen Kieran

- ♦ Identify anatomic considerations in neonatal circumcision and revision
- ♦ Describe the initial steps in the urologic management of a newborn with prenatal hydronephrosis
- ♦ Describe the management of retractile testicles
- ♦ Identify “red flag” signs in the evaluation of genital pain

**End of Day 2**

# Pediatric Faculty

## **Dr Mersine Bryan**

Department: Pediatrics  
Assistant Professor of Pediatrics, Division of  
Hospital Medicine and General Pediatrics  
University of Washington School of Medicine  
Seattle, WA

## **Dr Jake Dahl**

Department: Pediatric  
Otolaryngology  
Associate Professor in the Department of  
Otolaryngology-Head and Neck Surgery  
at the University of Washington  
Seattle Children's, Seattle, WA

## **Dr Sarah Danzo**

Department: Psychiatry and  
Behavioral Sciences  
Acting Assistant Professor at  
University of Washington  
Clinical Psychologist at  
Seattle Children's Hospital, Seattle, WA

## **Dr Jason Scott Hauptman**

Department: Neurosurgery  
Associate professor of neurological  
surgery. Staff neurosurgeon at both  
Seattle Children's Hospital and  
Harborview Medical Center, Seattle, WA

## **Dr Juanita Hodax**

Department: Pediatric  
Endocrinology  
Assistant Professor  
Co-Director, Gender Clinic  
Seattle Children's, Seattle, WA

## **Dr Kathleen Kieran**

Department: Pediatric Urology  
Professor of Urology  
Vice Chair of Urology for  
Diversity, Inclusion and Equity  
Fellowship Director, Pediatric Urology  
Faculty, Olympic College, University of Washington  
Seattle Children's Tri-Cities Clinic,  
Kennewick, WA

## **Dr Tyler G. Ketterl**

Director, Department: Adolescent and Young Adult  
Oncology, Cancer and Blood Disorders Center  
Director, Department: Fertility Care and Preservation  
Program, Cancer and Blood Disorders Center  
Assistant Professor, Pediatric Hematology-Oncology  
Seattle Children's, Seattle, WA

## **Dr Salaam Sallaam**

Department: Pediatric Cardiology,  
Assistant Professor  
Seattle Children's Tri-Cities Clinic, Kennewick, WA

## **Conference Overall Objectives:**

To provide the tools that enable our providers to manage the care of patients who need Infectious Diseases, Internal Medicine, or Pediatrics treatment for better patient outcomes.

# Registration

**Online: [whatsnewinmedicine.org](https://whatsnewinmedicine.org)**  
**Or Mail in attached form.**

**Please Print Clearly: 1 form per person**

Registration includes Lunch. No breakfast but coffee (no tea) and water will be provided during breaks.

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City/state/zip \_\_\_\_\_  
Email \_\_\_\_\_  
Cell phone \_\_\_\_\_

**Please indicate what format you plan to attend**

☐ In Person ☐ Livestream ☐ Recorded

**01 MD, DO, PA, NP, Pharmacist, Other Healthcare professional** \_\_\_\_\_ **(Circle one)**

Registration postmarked on or before August 4, 2023

☐ 2 Days: \$235 ☐ 1 Day: \$150 ☐ Friday ☐ Saturday  
Registration after August 4, 2023

☐ 2 Days: \$300 ☐ 1 Day: \$170 ☐ Friday ☐ Saturday

**02 Nurse, Medical Assistant, LPN, Technician, Other** \_\_\_\_\_ **(Circle one)**

Registration postmarked on or before August 4, 2023

☐ 2 Days: \$155 ☐ 1 Day: \$95 ☐ Friday ☐ Saturday  
Registration after August 4, 2023

☐ 2 Days: \$200 ☐ 1 Day: \$125 ☐ Friday ☐ Saturday

**03 Student/Resident in training**

Must have a letter from your Medical/Nursing school  
and not currently working

☐ \$100

## Mail To:

What's New in Medicine  
c/o Marlene Chua  
176 Kentwood Court  
Richland, WA 99352

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and mailed to:

Marlene Chua, 176 Kentwood Court Richland, WA 99352  
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Office use Only

Received: \$ \_\_\_\_\_ Check # \_\_\_\_\_  
Registration Number \_\_\_\_\_ ☐ cash



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## Questions:

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