



What's New In Medicine 2022

Infectious Diseases, Internal Medicine, and Pediatrics Hybrid CME Meeting and Workshop

September 9th and 10th ,
2022

Three Rivers Convention Center
7016 W Grandridge Blvd.
Kennewick, WA 99336
www.whatsnewinmedicine.org
wnim2022@gmail.com



30 AMA PRA Category 1 Credits™
30 Nursing Contact Hours (30 Pharmacologic Hours)
30 Contact Hours Pharmacy CE* (Knowledge Based)

Due to COVID-19, in-person attendance will be limited. We will be following CDC guidelines. All materials will be virtually accessible for all registrants. All participants will be notified if they will be attending virtually. We have overflow rooms to accommodate a limited number of in-person participants. In person registration will be available on a first come, first served basis. Should CDC prohibit in-person meetings, the conference will be 100% virtual.

WNIM 2022

Jointly sponsored by the Foundation for Care Management. What's New in Medicine is supported, in part, by educational grants. Grant support pending.
In Partnership With:



Pacific Northwest University of Health Sciences



ACCREDITATION

AMA PRA Category 1 Statement

In support of improving patient care, this activity has been planned and implemented by The Foundation for Care Management (FCM) and What's New in Medicine. FCM is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This program is approved for:

- 30 AMA PRA Category 1 Credit™
- 30 Nursing Contact Hours (30 Pharmacologic Hours)
- 30 Contact Hours Pharmacy CE* (Knowledge Based)

GENERAL INFORMATION

Registration

Online: Credit Card Only, whatsnewinmedicine.org

By mail: CHECK ONLY, payable to
What's New in Medicine
c/o Marlene Chua
176 Kentwood Court
Richland, WA 99352

For questions, more information, or online registration:

Contact: wnim2022@gmail.com

Or visit: whatsnewinmedicine.org

Cancellation Policy:

Cancellations must be submitted in writing and mailed to Marlene Chua, 176 Kentwood Court, Richland, WA 99352, no later than August 9, 2022, for a full refund minus a processing fee of \$20.00. No refunds will be given if canceled after August 9, 2022. However, you may have someone else attend the conference in your place by submitting the request in writing and mailing it to Marlene Chua.

Accommodations:

Hotel accommodations are not part of the cost of registration. Hotel accommodations at a discounted rate can be made by contacting:

SpringHill Suites by Marriott

7048 W. Grandridge Blvd
Kennewick, WA 99336
Tel. 509-820-3026

www.marriott.com/kwch

Visit Tri-Cities & Wine Tours:

[Washington Wine Tours - Wineries in Washington - Tri-Cities Wine | Visit Tri-Cities](#)

WNIM 2022

SEPT 9

7:00 - 8:00 am

8:00 - 9:00 am

9:00 - 10:00 am

10:00 - 10:20am

10:20 - 11:20 am

11:20 - 12:20 pm

12:30 - 1:30 pm

**Lunch &
Workshops**

DAY 1 *Infectious Diseases*

10 CME CATEGORY 1 CREDITS

Registration + Exhibits

UTI Pain... and Progress

Dr. Paul S. Pottinger

- Discuss the etiology and treatment of recurrent urinary tract infection
- Associate the etiology and treatment of hospital acquired UTI
- Describe the treatment of UTI for population with an indwelling catheter

Antibiotics Stewardship

Dr. James Lewis

- Describe the components of an antibiotic stewardship program and the importance of it in the outpatient and hospital setting
- Distinguish the importance of coordinated care between Acute Care and LTC concerning antibiotic use

BREAK

Update on Antibiotics

Dr. Paul S. Pottinger

- Know the appropriate selection of the common antibiotics used in the outpatient setting including skin and soft tissue infection as well as upper respiratory tract infection
- Review appropriate antibiotics for the prevention and treatment of special populations with implantable device infection and orthopedic device infection
- Learn to screen patients for penicillin and delable them when appropriate

Global and Regional Emerging Diseases

Dr. Shireesha Dhanireddy

- Review and discuss the emerging and recurrent infectious diseases such as coccidioidomycosis, tick-borne diseases, and other recent Northwest threats including *Cryptococcus gattii* and *Candida auris*
- Describe the recent worldwide health threats because of climate change and global travel
- Recall the effects global travel has on disease risk in our patient populations

Workshop A: Immunization Challenges

Dr. Shireesha Dhanireddy

- Identify vaccine hesitancy in pediatric and adult populations
- Discuss the vaccine recommendations for special populations such as stem cell transplant recipients, immunocompromised individuals, and pregnant women

WNIM 2022

SEPT 9

12:30 - 1:30 pm
Lunch &
Workshops

1:40 - 2:40 pm

2:40 - 3:40 pm

3:40 - 4:00 pm

4:00 - 5:00 pm

5:00 - 6:00 pm

End of Day 1

DAY 1 *Infectious Diseases*

10 CME CATEGORY 1 CREDITS

Workshop B: Public Health Grand Rounds

Dr. Scott Lindquist

- Describe disease trends in the community and across Washington State
- Describe how Community Health Assessments can improve the health of our community
- Describe changes in the Notifiable Conditions laws in Washington State
- Understand how to manage the emerging homeless and underprivileged populations

HIV Update: U=U, PrEP, PEP, and Treatment Guidelines

Dr. Shingo Chihara

- Describe the current HIV testing and treatment guidelines and how medication adherence supports the U=U concept
- Describe the target populations for PrEP and PEP
- Interpret the guidelines for managing a patient on PrEP in the general practice setting

Infection Control

Dr. Chloe Bryson-Cahn

- Describe the latest recommendations for infection control in the acute care and LTC setting
- Describe how to counsel patients with chronic infections who are returning to home settings
- Describe various work practice controls, personal protective equipment (PPE) and devices/agents used to improve infection control

BREAK

Non-Tuberculosis Mycobacterium (NTM), Acute Tuberculosis (MTB) and Latent Tuberculosis (LTBI)

Dr. Scott Lindquist

- Describe the current trends and treatment guidelines for NTM lung infections
- Describe how to diagnose and treat LTBI
- Describe how to diagnose and treat MTB

Hepatitis A-E: Updates in Management for 2022

Dr. Joseph Ahn

- Describe the current Hepatitis A outbreak in the United States including testing guidelines
- Describe the correct testing and treatment guidelines for Hepatitis A - E and know when to refer to specialist

Infectious Disease Faculty

Joseph Ahn, MD, MS, MBA
Professor of Medicine
Section Chief, Division of GI &
Hepatology
Director of Clinical Hepatology
OHSU, Portland, OR

Shireesha Dhanireddy, MD
Director, Infectious Diseases and Travel
Clinic
Director, Madison Clinic
Harborview Medical Center
Professor of Medicine,
Division of Infectious Diseases
University of Washington, Seattle, WA

James S. Lewis II, PharmD, FIDSA
Infectious Diseases Pharmacy
Supervisor
Co-Director Antibiotic Stewardship
Dept. of Pharmacy and Therapeutics
OHSU, Portland, OR

Shingo Chihara, MD
Member, Departments of:
Travel Health, HIV/AIDS Clinic,
Infectious Diseases
Virginia Mason Medical Center

Paul Pottinger, MD, FACP, FIDSA
Professor of Medicine
Division of Allergy & Infectious Diseases
Director
Fellowship Training Program Director,
UWMC Antimicrobial Stewardship
Program
University of Washington, Seattle, WA

Chloe Bryson-Cahn, MD
Assistant Professor, Department of
Medicine, Division of Allergy &
Infectious Diseases, University of
Washington
Medical Director, Antimicrobial
Stewardship, Harborview Medical
Center
Associate Medical Director, Infectious
Prevention, Harborview Medical Center
Washington Tele-Antimicrobial
Stewardship Program (UW TASP)

Scott Lindquist, MD, MPH
State Epidemiologist for Communicable
Diseases
Washington State Department of Health,
Tumwater, WA

Celebrating 20 Years of What's New in Medicine

In May 2002, the Southeast American College of Physicians-American Society of Internal Medicine (ACP-ASIM) district, along with the Benton County Medical Society, held its first continuing education conference in Kennewick, Washington. The theme was "What's New in Medicine, 2002".

There were 8 topics, 10 speakers, and 76 participants. Since then, the ACP in Southeast Washington has been holding annual CME courses, which have grown in members, fellows, and participation. Today, the annual Internal Medicine and Infectious Diseases What's New in Medicine CME program is a 501c3 organization.

What's New in Medicine now attracts healthcare workers from Idaho, Oregon, and even Canada. What's New in Medicine also welcomes all members of the medical community so as to bring together all aspects of healthcare for the good of our patients.

Twenty years later, the What's New in Medicine Conference has grown to over 300 participants with over 30 topics and 26 speakers.

WNIM 2022

SEPT 10

7:00 - 8:00 am

8:00 - 9:00 am

9:00 - 10:00 am

10:00 - 10:20am

10:20 - 11:20 am

11:20 - 12:20 pm

12:30 - 1:30 pm

Lunch &
Workshops

DAY 2 *Internal Medicine*

10 CME CATEGORY 1 CREDITS

Registration + Exhibits

Obesity

Dr. David Swedler

- Discuss the prevalence of obesity and its health implications
- Introduce different medical treatments for obesity with emphasis on evidence-based treatments
- Describe the general surgical options for obesity, specific criteria for various surgical treatments, common pre-operative workups, and insurance coverage for bariatric surgery

Diabetes Mellitus

Dr. Jonathan Stoehr

- Recall the short and long-term complications of diabetes, preoperative care, glycemic goals, and risk assessment in patients
- Review available therapies for optimal glycemic controls including oral hypoglycemic drugs as well as insulin and insulin pumps for primary care providers
- Review the newer therapies for glycemic control and understand their risks and efficacies

BREAK

Asthma

Dr. Yunhee Im

- Identify the diagnosis and treatment of asthma
- Describe the role of primary care providers in the management of asthma
- Discuss and review available treatment guidelines including new agents for management of asthma and environmental control

Seizure Medicine

Dr. Justin Stahl

- Define the differential diagnosis of seizures and how to diagnose epilepsy as a primary care provider and when to refer
- Recall how to manage optimal anti-seizure medication for your patient
- Identify the available anti-seizure therapies and know their side effects and how to adjust medications

Workshop C: ENT for Primary Care Providers

Dr. James D. Smith

- Describe how to diagnose and treat allergic rhinitis and chronic sinusitis as a primary care provider
- State how to diagnose and treat eustachian tube dysfunction as a primary care provider
- Discuss how to diagnose and treat sore throat and otitis media as a primary care provider

SEPT 10

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5:00 - 6:00 pm

End of Day 2

Workshop D: Alzheimer's Disease

Dr. Justin Stahl

- Define the difference between types of dementia
- Discuss how to screen and diagnose Alzheimer's disease as a primary care provider
- Describe available management including holistic therapies for Alzheimer's disease, goals of care and risks associated with Alzheimer's and treatment

Pain Management- Opioids/NSAID/other

Dr. Andrew Friedman

- Know and understand the effective and proper management of chronic pain with opioids
- Know how to effectively use NSAIDs and other modalities for the control of pain and inflammation

Primary Care Dermatology and Atypical Moles

Dr. Douglas Paauw

- Identify an atypical mole, ABCDE warning signs, timing for follow up and when to do a biopsy
- Interpret the malignant potential of different types of moles
- Recall the different treatment modalities and understand which is best for your patient

BREAK

Women's Health

Dr. Joy Bucher

- Define abnormal uterine bleeding terminology, causes, evaluation, and indications for biopsy
- Review menopausal symptoms, risks, and benefits of hormone replacement therapy, practicalities of prescribing, and nonhormonal options for women with significant menopausal symptoms

Personality Disorders

Dr. Farrukh Hashmi

- Define different types of personality disorders and their diagnoses according to DSM-5 criteria
- Understand risks and complications of social isolation, alcohol/drug abuse, and suicide as a primary care provider
- Associate the available management modalities for personality disorder including pharmacologic as well as behavioral therapies

Internal Medicine Faculty

Andrew Friedman, MD

Deputy Chief, Department of Medicine
Head, Section of Physical Medicine and Rehabilitation
Virginia Mason Medical Center
Clinical Assistant Professor, Department of Medicine
University of Washington, Seattle, WA

Joy Bucher, MD, FACP

Associate Program Director,
Internal Medicine Residency Program,
Board Certified Internal Medicine
Virginia Mason Medical Center, Seattle, WA

Farrukh Hashmi, MD

Psychiatry, Lourdes Medical Center
Reliance Medical Clinics
Richland, WA

Yunhee Im, MD

Pulmonary and Critical Care Physician
Virginia Mason Medical Center, Seattle, WA

David Swedler, DO

Board Certified, Fellowship trained
general surgeon,
Specialty training and experience in
robotic and
laparoscopic surgery
Franciscan Center for Weight
Management, Seattle, WA

James D. Smith, MD

Professor Emeritus of Otolaryngology
Medical Staff, Oregon Health Sciences
University
Otolaryngology Consultant, US
Veterans Hospital
Portland, OR

Justin Stahl, MD

Neurology
Director, Clinical Neurophysiology Lab
Virginia Mason Medical Center,
Neuroscience Institute
Clinical Instructor, Department of
Neurology
University of Washington School of
Medicine, Seattle, WA

Jonathan Stoehr, MD, PhD

Director, Nutrition Center of Excellence,
Digestive Disease Institute
Staff Physician, Division of
Endocrinology, Diabetes, and
Metabolism
Virginia Mason Medical Center, Seattle, WA

Douglas Paauw, MD, MACP

Professor, Department of Medicine
Director, Internal Medicine Medical
Student Programs
Rathmann Family Foundation
Endowed Chair for Patient-Centered
Clinical Education
University of Washington, Seattle, WA

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**Lunch &
Workshops**

DAY 2 *Parallel Session for Pediatrics*

10 CME CATEGORY 1 CREDITS

Registration + Exhibits

Advances in Fetal Therapy

Dr. Bettina Paek

- Identify conditions that affect monochorionic multiples that benefit from maternal fetal surgery
- Understand the principles of fetoscopy
- Understand prenatal treatment options for spina bifida

Diagnosis and Management of Polycystic Ovary Syndrome in Adolescent Girls

Dr. Carolina Di Blasi

- Review the diagnostic criteria for PCOS in adolescents
- Discuss the diagnostic evaluation of PCOS in adolescents
- Identify medical care of PCOS in adolescents

BREAK

Anxiety and Related Disorders: Evidence-Based Treatment for Youth

Dr. Kendra Read

- Identify the developmental presentation of anxiety and related disorders in youth
- Recall the primary components of evidence-based treatment for anxiety in youth
- Identify different levels of care and when to refer to higher levels of care

Common Dermatologic Problems in Kids

Dr. Robert Sidbury

- Discuss new therapies for atopic dermatitis
- Compare and contrast common skin infections in children
- Update current management strategies for teenage acne

Workshop E: Common Youth Sports Injuries

Dr. Kyle Nagle

- Identify how to diagnose common acute and overuse sports injuries in youth athletes
- Manage initial treatment for these injuries
- Determine when to refer patients with these injuries to specialists

12:30 - 1:30 pm
Lunch &
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1:40 - 2:40 pm

2:40 - 3:40 pm

3:40 - 4:00 pm

4:00 - 5:00 pm

5:00 - 6:00 pm

End of Day 2

Workshop F: The Young Heart... Common Complaints and When to Worry

Dr. Eddie Hulse

- Define which common complaints and findings are referred to pediatric cardiologists
- Recall the symptoms, conditions, and findings related to common complaints that cause concern for more serious heart conditions
- Compare options for evaluation of the common complaints should a finding cause concern

Early Identification of Seizures

Dr. Priya Monrad

- Understand basic pediatric epilepsy
- Understand medical management of epilepsy
- Identify individuals who have refractory epilepsy and individuals who might benefit from surgery
- Multidisciplinary evaluation of refractory epilepsy patients

Advancements in Epilepsy Surgery

Dr. Jason Hauptman

- Learn how to identify intractable epilepsy
- Identify different types of intervention
- Understand the best workup for intervention
- Management of outcomes that accompany epilepsy surgery

BREAK

Prenatal Screening for Chromosome Abnormalities and Congenital Anomalies

Dr. Edith Cheng

- Identify current ACOG and ACMG guidelines regarding prenatal screening for aneuploidy and congenital anomalies
- Describe the status of prenatal genetic screening tests
- Determine which prenatal screening is appropriate for low- and high-risk patients

Pediatric Bladder and Bowel Health

Dr. Kathleen Kieran

- Describe the relationship between bladder and bowel health.
- List four strategies for behavioral modification for patients with BBH issues
- Describe situations where imaging tests are (and are not) helpful

Pediatrics Faculty

Edith Cheng, MD

Maternal-Fetal Medicine, Prenatal
Diagnosis and
treatment, Differences in Sex
Development
Seattle Children's Hospital
University of Washington School of
Medicine, Seattle, WA

Carolina Di Blasi, MD

Clinical Associate Professor
Director of Education & Outreach,
Turner Syndrome Clinic, Division of
Endocrinology and Diabetes, Seattle
Children's Hospital, University of
Washington, Seattle, WA

Bettina Paek, MD, MBA

Co-Director, Maternal-Fetal Intervention
& Surgery Program
Fetal Surgeon, University of
Washington, Seattle Children's Hospital

**Priya Monrad, MD, PhD, FAANS,
FACS, FAAP**

Associate Professor, University of
Washington
Medical Director of Epilepsy Monitoring
Unit
Neurosurgeon, Seattle Children's,
Harborview Medical Center, Seattle, WA

Kathleen Kieran, MD, MS, MME

Associate Professor of Urology
Vice Chair of Urology for Diversity,
Inclusion, and Equity
Fellowship Director, Pediatric Urology
Faculty, Olympic College, University of
Washington

Kyle Nagle, MD, MPH

Associate professor, Department of
Pediatrics,
Department of Orthopedics and Sports
Medicine
Associate Director, Primary Care Sports
Medicine Fellowship, Pediatric Track
University of Washington School of
Medicine Seattle, WA

Robert Sidbury, MD, MPH

Professor, Department of Pediatrics
Chief, Division of Dermatology
University of Washington School of
Medicine, Seattle, WA

Kendra Read, PhD

Director, Mood and Anxiety Program,
Seattle Children's Hospital, Department
of Psychiatry and Behavioral Sciences
University of Washington School of
Medicine, Seattle, WA

Eddie Hulse, MD

Pediatric Cardiologist
Seattle Children's Hospital
Children's Village, Yakima

**Jason Hauptman, MD, PhD, FAANS,
FACS, FAAP**

Associate Professor, University of
Washington
Neurosurgeon, Seattle Children's
Hospital, Harborview Medical Center,
Seattle, WA

*To provide the tools that enable our providers to
manage the care of patients who need Infectious
Diseases, Internal Medicine, or Pediatrics treatment
for better patient outcomes.*

WNIM 2022



Please Note:

One-day registrants can only claim 15 CME units

Online lectures and CME will be available through August 30, 2023

Due to COVID-19 restrictions, in-person space is limited and will be given on a first come, first served basis. All registrants will have access to online materials.

WHAT'S NEW IN MEDICINE
176 Kentwood Court
Richland, WA 99352

REGISTRATION

Preferred Attendance: Online In-Person

01 MD, DO, PA, PA-C, NP, ARNP, PharmD, Pharmacist, Other Healthcare Professional _____ (circle one):

Registration postmarked on or before August 9, 2022:

2 Day: \$235 1 Day: \$150 Friday Saturday

Registration after August 9, 2022:

2 Day: \$300 1 Day: \$170 Friday Saturday

02 Nurse, Medical Assistant, LPN, Technician, Other _____ (circle one):

Registration postmarked on or before August 9, 2022:

2 Day: \$155 1 Day: \$95 Friday Saturday

Registration after August 9, 2022:

2 Day: \$200 1 Day: \$125 Friday Saturday

03 Full-Time Student/Resident in Training:

Must have a letter from Medical/Nursing school faculty and not be currently working

2 Day: \$100

04 Attendees outside the United States, Online Registration and Virtual Attendance ONLY

2 Day: \$100

05 Meet The Experts Workshop Discussion Groups (choose one per day)

Free for Registered Participants. Space is limited, on a first come first served basis. Must pre-register when submitting payment.

Friday

A B

Saturday

C D E F

Total Amount Enclosed: Please make check payable to What's New in Medicine c/o Marlene Chua, 176 Kentwood Ct. Richland, WA 99352

\$ _____

Please print clearly; 1 form per person.

Registration includes lunch. No breakfast, but coffee and water will be provided only during breaks.

Name: _____
Last Name First Name Title

Address: _____

City: _____ State: _____ Zip: _____

Daytime Phone Number: _____

Email (for confirmation purposes): _____

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For questions, more information: wnim2022@gmail.com

Online Registration: whatsnewinmedicine.org

FOR OFFICE USE ONLY

Received: \$ _____ Check Number: _____ Cash

Registration Number: _____

