WHAT’S NEW IN MEDICINE

INTERNAL MEDICINE & INFECTIOUS DISEASES
CONTINUING MEDICAL EDUCATION WORKSHOP

SEPTEMBER 07 – 08, 2018

THREE RIVERS CONVENTION CENTER
7016 GRANDRIDGE BLVD.
KENNEWICK, WA 99336
www.whatsnewinmedicine.org
wnimcme2018@gmail.com

18 AMA PRA Category 1 Credits™
18 Nursing Contact Hours (18 Pharmacologic Hours)
18 Contact Hours Pharmacy CE* (Knowledge Based)

Target Audience
Physicians, NPs, PAs, RNs, Pharmacists and other healthcare professionals interested in learning the current updates for Internal Medicine and Infectious Diseases.

Purpose
To provide the tools to enable the healthcare provider to manage the care of patients who need Internal Medicine treatment or treatment for Infectious Diseases for better patient outcomes.

Jointly sponsored by the Foundation for Care Management and What’s New in Medicine supported, in part, by educational grants. Grant support is pending. In Partnership with:
AMA PRA Category 1 Statement
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Foundation for Care Management (FCM) and What’s New in Medicine (WNIM). The Foundation for Care Management is accredited by the ACCME to provide continuing medical education for physicians. FCM designates this educational activity for a maximum of 18 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in this activity. The ACCME defines a “Commercial Interest” as any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients.

Nursing Statement
The Foundation for Care Management is an approved provider of continuing nursing education by the Western Multi-State Division (WMSD), Approver of Continuing Nursing Education an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. 18 Nursing contact hour(s).

The Foundation for Care Management is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. Objectives are appropriate for Pharmacists. This activity is 18 Contact Hours Pharmacy Credit. *This CPE is Knowledge Based (K). Initial release September 7, 2018
Program #0547-9999-18-010-L01-P Day 1 *This CE activity is knowledge based (K).
Program #0547-9999-18-011-L01-P Day 2 *This CE activity is knowledge based (K).

18 AMA PRA Category 1 Credits™  
18 Nursing Contact Hours (18 Pharmacologic Hours)  
18 Contact Hours Pharmacy Credit* (Knowledge Based)

GENERAL INFO

Mail registration and make check payable to:
What’s New in Medicine  
c/o Marlene Chua  
176 Kentwood Court  
Richland, WA 99352

For questions, more information, or online registration:
Contact: wnimcme2018@gmail.com  
Or visit: whatsnewinmedicine.org

Cancellation Policy:
Cancellations must be submitted in writing and mailed to Marlene Chua, 176 Kentwood Court, Richland, WA 99352, not later than August 9th, for a full refund minus a processing fee of $20.00. No refunds will be given if canceled after August 9, 2018. However, you may have someone else attend the conference in your place by submitting the request in writing and mailing it to Marlene Chua.

Accommodations:
Hotel accommodations are not part of the cost of registration. Hotel accommodations at a discounted rate can be made by contacting:

SpringHill Suites by Marriott  
7048 W. Grandridge Blvd  
Kennewick, WA 99336  
Tel. 509-820-3026  
www.marriott.com/kwcsh

Hilton Garden Inn  
701 N. Young St., Kennewick, WA 99336  
Tel. 509-735-4600  
www.tri-citieskennewick.gardeninn.com

Red Lion Hotel  
N. 1101 Columbia Center Blvd., Kennewick, WA 99336  
Tel. 509-783-0611  
Email: columbiacentersales@redlion.com
Drew Baldwin, MD FACC  
Cardiology  
Heart Institute  
Virginia Mason Hospital & Medical Center  
Seattle, WA

David Dale, MD  
Professor, Department of Medicine  
Primary Care-Internal Medicine  
University of Washington  
Seattle, WA

John Paul Flores, MD  
Hematology/Oncology  
Cancer Institute  
Virginia Mason Hospital & Medical Center  
Seattle, WA

Greg Gardner, MD FACP  
Division of Rheumatology  
Professor, Department of Medicine, Orthopedics & Sport Medicine, Rehabilitation Medicine  
University of Washington  
Seattle, WA

Erick Gierke, MD  
Neurology  
Clinical Neurophysiology  
Swedish Edmonds Neurology  
Edmonds, WA

Matthew Golden, MD MPH  
Director, Public Health Seattle and King County HIV/STD Program  
Professor, Department of Medicine  
University of Washington  
Seattle, WA

Farrukh Hashmi, MD  
Geriatric Psychiatry  
Lourdes Counseling Center  
Reliance Medical Clinics  
Richland, WA

James S. Lewis II, PharmD, FIDSA  
Infectious Diseases Pharmacy Supervisor  
Co-Director Antibiotic Stewardship  
Oregon Health & Science University Departments of Pharmacy & Infectious Diseases  
Portland, OR

Scott Lindquist, MD MPH  
State Epidemiologist for Communicable Diseases  
Washington State Department of Health  
Shoreline, WA

John Lynch, MD MPH  
Associate Professor, Department of Medicine  
Division of Allergy and Infectious Diseases  
University of Washington  
Seattle, WA

Douglas Paauw, MD MACP  
Professor, Department of Medicine  
Director, Internal Medicine Medical Student Programs  
Rashkoff Family Foundation Endowed Chair for Patient-Centered Clinical Education  
University of Washington  
Seattle, WA

Jessica Pierce, MD  
Medical Director, Wound Care Services  
Department of Surgery  
Virginia Mason Hospital and Medical Center  
Seattle, WA

Paul Pottinger, MD, FIDSA  
Associate Professor, Department of Medicine  
Division of Allergy & Infectious Diseases  
Director, ID Fellowship Training Program  
Co-Director, UWMC Antimicrobial Stewardship Program  
Seattle, WA

Salaam Sallaam, MD  
Pediatric Cardiologist  
Seattle Children’s Tri-Cities Clinic  
Richland, WA

Anjan Kumar Sen, MD  
Neurosurgeon  
Pain Management Specialist  
Former President Western USA Pain Society  
Founder Member International Association for Study of Pain  
Charter Member of American Pain Society  
Kadlec Neuroscience Center  
Richland, WA

Eileen Smith, MD  
Dermatology  
Member of the Washington State Dermatology Association  
Washington State Medical Association  
American Academy of Dermatology  
Providence St. Mary Medical Center  
Walla Walla, WA

David Spach, MD  
Professor, Department of Medicine  
Division of Allergy and Infectious Diseases  
University of Washington  
Harborview Medical Center  
Seattle, WA

Michael Sutters, MD  
Nephrology  
Kidney and Pancreas Transplantation Transplant Center  
Virginia Mason Hospital & Medical Center  
Seattle, WA

Anne Terry, MSN, ARNP  
Primary Care and Travel Medicine Manager, UW Medicine Travel Clinic at Hall Health Center  
Certified Travel Provider by the International Society of Travel Medicine (ISTM)  
UW Department of Family Medicine  
Seattle, WA

Louay Toni, MD  
Pediatric Cardiologist  
Seattle Children’s Tri-Cities Clinic  
Richland, WA

Nanda Venu, MD MS  
Gastroenterology  
Digestive Disease Institute  
Gastroenterology and Hepatology  
Weight Loss Center  
Virginia Mason Hospital & Medical Center  
Seattle, Wa
DAY 1
9 CME CATEGORY 1

REGISTRATION + EXHIBITS

08:30 – 09:15

HIV, HEPATITIS B AND C
David Spach
+ Describe updated prevention and treatment guidelines for HIV, Hepatitis B and C
+ Discuss the use of PREP in HIV prevention
+ Identify current list of new non-invasive modalities for assessment of liver fibrosis

UPDATE ON IMMUNIZATION
David Spach
+ Describe and discuss different types of vaccines and their benefits and limitations on:
  Influenza, Zoster, HPV, Pneumococcal, Meningococcal

10:00 – 10:20

BREAK

10:20 – 11:05

ANTIBIOTIC TREATMENT UPDATE
David Spach
+ Update on the different antibiotic classes and recommendations
+ Discuss the use of antibiotics in the treatment of a pregnant patient

11:05 – 11:50

TRAVEL MEDICINE
Anne Terry
+ Identify current global trends on infectious disease related to travel
+ Discuss indications for vaccinations and prophylaxis needed for the travel in the different countries
+ Select appropriate insect protection strategies
+ Recognize prevention and treatment strategies for traveler’s diarrhea

11:50 – 01:00

LUNCH

MEET THE EXPERTS WORKSHOPS
Special Topic Discussion Groups require preregistration.
Space is limited and will be filled on a first come, first served basis.

11:50 – 01:00

WORKSHOP A: PEDIATRIC INFECTION
Scott Lindquist
+ Identify different antibiotic dosing in different age groups
+ Analyze antibiotic use in common respiratory tract infections in the different pediatric age groups
+ Discuss diagnosis and treatment of common infant viral/bacterial infection

11:50 – 01:00

WORKSHOP B: WOUND MANAGEMENT
Jessica Pierce
+ Terminology of: acute vs. chronic, wound vs. ulcer, arterial vs. venous vs. mixed ulcer
+ Diagnosis: identification of at risk patients
+ Pressure Injuries 101: new guidelines and terminology update
+ Work-Up 101: what to order and when, and patient friendly explanations
+ Dressing 101: where to begin and when to change

11:50 – 01:00

WORKSHOP C: EXPEDITED PARTNER THERAPY
Matthew Golden
+ Describe the clinical and legal basis for Expedited Partner Therapy (EPT)
+ Discuss strategies for using EPT in an acute care setting

01:00 – 01:45

STD UPDATE
Matthew Golden
+ Discuss epidemiology, diagnosis, treatment and prevention of common sexually transmitted diseases in the Northwest
+ Identify how to diagnose and recognize syphilis using current serological testing
+ Identify genital lesions and extra-genital manifestations of STDs
DAY 1

01:45 - 02:30
ANTIBIOTIC STEWARDSHIP
James Lewis
- Discuss sensible use of antibiotics in the treatment of common infections in clinical practice
- Examine the indications and duration of antibiotic treatment for urinary tract, upper respiratory tract and skin and soft tissue infections
- Consider the art of educating antibiotic stewardship with patients and providers

02:30 - 02:45
BREAK

02:45 - 03:30
INFECTION CONTROL
John Lynch
- Identify different types of hand hygiene and their uses and limitations
- Discuss different types of isolation methods in infection control, and their uses and limitations
- Identify different types of barrier protections in infection control and their uses and indications

03:30 - 04:15
REEMERGING DISEASES IN THE NORTHWEST
John Lynch
- Discuss vaccine preventable diseases, identification, etiology, diagnosis and treatment of Measles and Mumps.
- Discuss diagnosis and treatment of infection associated with hunting and other recreational outdoor activities, including Lyme Disease and Rabies

04:15 - 04:30
BREAK

04:30 - 05:15
EMERGING DISEASES IN THE NORTHWEST
Paul Pottinger
- Discuss epidemiology, diagnosis and treatment of emerging diseases in the Northwest, including Zika virus and Coccidioidomycosis

05:15 - 06:00
LATENT TUBERCULOSIS
Scott Lindquist
- Discuss epidemiology, diagnosis and treatment of latent TB
- Evaluate the current screening guidelines of latent TB
- Identify and monitor common side effects of the medications used in the treatment of latent TB
DAY 2

9 CME CATEGORY 1

REGISTRATION + EXHIBITS

07:30 - 08:00

RHEUMATOLOGY UPDATE
Greg Gardner
+ Discuss the screening, diagnosis, and management of rheumatoid arthritis, osteoarthritis and osteoporosis

08:00 - 08:45

GERIATRIC UPDATE
Douglas Paauw
+ Recognize, diagnose and treat common geriatric problems
+ Recognize common causes of anemia in the geriatric population
+ Facilitate goals of care discussions for geriatric patients

08:45 - 09:30

NEPHROLOGY UPDATE
Michael Sutters
+ Describe KDIGO criteria for diagnosis of chronic kidney disease
+ Describe and discuss screening, diagnosis, and management of chronic kidney disease
+ Describe and discuss screening, diagnosis, and management of disorders caused by nephrotoxic drugs

09:30 - 10:15

PRIMARY CARE UPDATE ON CARDIOLOGY
Drew Baldwin
+ Identify the mechanisms of different anticoagulant drugs
+ Identify JNC8 and the new guidelines for management of blood pressure in the outpatient setting
+ Describe how to diagnose lipid disorders and learn about mechanisms of drugs used to manage lipid disorders

10:35 - 11:20

ONCOLOGY UPDATE
John Paul Flores
+ Update on recent advances in diagnosis and treatment of common cancers

10:15 - 10:35

BREAK

10:35 - 11:20

LUNCH

MEET THE EXPERTS WORKSHOPS

Special Topic Discussion Groups require preregistration.
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12:05 - 01:15

WORKSHOP D: THE CHANGING HEALTHCARE
David Dale
+ Discuss the current state of Affordable Care Act and insurance marketplace
+ Identify and apply meaningful use criteria
+ Discuss the new government regulations pertaining to healthcare

12:05 - 01:15

WORKSHOP E: PAIN MANAGEMENT
Anjan Sen
+ Discuss the role of opioids in pain management in 2018
+ Discuss how to prescribe opioids appropriately for pain management in 2018

12:05 - 01:15

WORKSHOP F: PEDIATRIC ELECTROCARDIOGRAM
Salaam Sallaam
+ Identify how to interpret pediatric electrocardiograms and diagnose pediatric arrhythmias

12:05 - 01:15

DERMATOLOGY FOR THE PRIMARY CARE
Eileen Smith
+ Identify and diagnose common skin diseases seen in the clinic
+ Recognize when to refer to a dermatologist

01:15 - 02:00
DAY 2

9 CME CATEGORY 1

02:00 – 02:45
INFLAMMATORY BOWEL DISEASE IN PRIMARY CARE
Nanda Venu
+ Discuss clinical presentation of IBD (Ulcerative colitis and Crohn’s disease)
+ Discuss evidence based testing to diagnose IBD in the primary care setting
+ Identify current therapies and monitoring of the IBD patient for adverse events
+ Discuss health care maintenance needs of the IBD patient

03:00 - 03:45
BREAK

03:00 – 03:45
UPDATE ON PEDIATRIC CARDIOLOGY
Louay Toni
+ Recognize the physiologic differences between pediatric and adult heart murmurs
+ Describe a general overview of non-invasive and invasive diagnostic and therapeutic modalities in the pediatric population
+ Discuss the current adult congenital heart disease program

03:45 – 04:30
Update on Headache
Erick Gierke
+ Identify the prevalence and incidence of headache types
+ Discuss how to diagnose and treat the different types of headaches

04:30 – 05:15
Mental Health: PTSD and Depression
Farrukh Hashmi
+ Describe screening, diagnosis, and management of PTSD and Depression
## WNIM 2018

### REGISTRATION

**MD, DO, PA, PA-C,NP, ARNP, PharmD, Pharmacist, Other Healthcare Professional**

Registration postmarked on or before August 9, 2018:
- 2 Day: $215
- 1 Day: $140
- Friday
- Saturday

Registration after August 9, 2018:
- 2 Day: $295
- 1 Day: $165
- Friday
- Saturday

**Nurse, Medical Assistant, LPN, Technician, Other**

Registration postmarked on or before August 9, 2018:
- 2 Day: $150
- 1 Day: $95
- Friday
- Saturday

Registration after August 9, 2018:
- 2 Day: $195
- 1 Day: $120
- Friday
- Saturday

**Full-Time Student/Resident in Training:**

Must have a letter from Medical/Nursing school faculty and not be currently working
- 2 Day: $40

**Meet The Experts Workshop Discussion Groups (choose one per day)**

Free for Registered Participants. Space is limited, on a first come first serve basis. Must pre-register when submitting payment.

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**Total Amount Enclosed:** Please make check payable to WNIM or What’s New in Medicine.

Please print clearly; 1 form per person.

Registration includes: Lunch. No breakfast, but coffee and water will be provided only during breaks.

**Name:**

- Last Name
- First Name
- Title

**Address:**

**City:**

**State:**

**Zip:**

**Daytime Phone Number:**

**Email (for confirmation purposes):**

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**FOR OFFICE USE ONLY**

- Received: $___________
- Check Number: ____________
- ☐ Cash
- Registration Number: ___________________________